

## Defying the 'beast from the east'

I have now had time to reflect on our experience of the snow last week. I have read about stories of heroism in the snow and people going the extra mile to maintain services and I feel we were no exception.

I personally couldn't get home because of the snow so slept here overnight. One of our advanced nurse practitioners helped to organise and coordinate social media pleas for help from 4x4 drivers. One of our admin staff walked in 2 miles on her day off to help keep the practice running. All clinicians were calling their most vulnerable patients and patients having end of life care to ensure all their care needs were met. I was simply overwhelmed with the public's support with offers of 4x4s and tractors to help transport staff and patients to and from the practice.

It was with sheer dedication and team work that we continued to offer a service to patients during the snow. Sometimes it is during these crises that one has time to reflect on the truly positive experiences of support and generosity of our rural community. I felt really proud to be part of this team on those couple of days, again going above and beyond what is often expected of us. I would like to thank all those on behalf of the practice who offered their support to enable us to continue to provide a safe service; you all know who you are!

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